

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Turkey Sausage Patty Scrambled Egg Buttermilk Biscuit Fresh Fruit Apple Juice or Orange Juice Milk	French Toast Sticks with Maple Syrup Fresh Fruit Apple Juice or Orange Juice Milk	Scrambled Eggs Spiced Sweet Potato Muffin & Apple Butter Fresh Fruit Apple Juice or Orange Juice Milk
13	14	15	16	17
Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	Scrambled Eggs Cheese Grits Fresh Fruit Apple Juice or Orange Juice Milk	Turkey Sausage Patty Scrambled Egg Buttermilk Biscuit Fresh Fruit Apple Juice or Orange Juice Milk	French Toast Sticks with Maple Syrup Fresh Fruit Apple Juice or Orange Juice Milk	Scrambled Eggs Spiced Sweet Potato Muffin & Apple Butter Fresh Fruit Apple Juice or Orange Juice Milk
20	21	22	23	24
Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	Scrambled Eggs Cheese Grits Fresh Fruit Apple Juice or Orange Juice Milk	Turkey Sausage Patty Scrambled Egg Buttermilk Biscuit Fresh Fruit Apple Juice or Orange Juice Milk	French Toast Sticks with Maple Syrup Fresh Fruit Apple Juice or Orange Juice Milk	Scrambled Eggs Spiced Sweet Potato Muffin & Apple Butter Fresh Fruit Apple Juice or Orange Juice Milk
27	28	29	30	
Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	Scrambled Eggs Cheese Grits Fresh Fruit Apple Juice or Orange Juice Milk	Turkey Sausage Patty Scrambled Egg Buttermilk Biscuit Fresh Fruit Apple Juice or Orange Juice Milk	French Toast Sticks with Maple Syrup Fresh Fruit Apple Juice or Orange Juice Milk	
Mondays are all-vegetarian menus.	Whenever possible, meats are antibiotic- and hormone-free Milk is rBGH-free	*** a la carte pricing *** Milk (1% or nonfat chocolate) \$.50 Juice (apple or orange) \$.50 Fresh Fruit (4 oz serving) \$.50 Cereal \$1	ANCS supports local food ANCS Gardens Brasstown Beef Gum Creek Farm White Oak Pastures Riverview Farm Freewheel Farm AtlantaFresh Yogurt The Turnip Truck Georgia Organics	"The USDA is an equal opportunity provider and employer" Per USDA regulation: All milk is 1% (unflavored) or nonfat (flavored) All grain products are whole-grain rich