

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>3</p> <p>Scrambled Eggs &amp; Cheese Grits Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>4</p> <p>Turkey Sausage Patty, Scrambled Egg, &amp; Buttermilk Biscuit Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>5</p> <p>French Toast Sticks with Maple Syrup Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>6</p> <p>Scrambled Eggs, Sweet Potato-Gingerbread Muffin &amp; Apple Butter Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>
<p>9</p> <p>Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>10</p> <p>Scrambled Eggs &amp; Cheese Grits Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>11</p> <p>Turkey Sausage Patty, Scrambled Egg, &amp; Buttermilk Biscuit Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>12</p> <p>French Toast Sticks with Maple Syrup Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>13</p> <p>Scrambled Eggs, Sweet Potato-Gingerbread Muffin &amp; Apple Butter Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>
<p>16</p> <p>Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>17</p> <p>Scrambled Eggs &amp; Cheese Grits Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>18</p> <p>Turkey Sausage Patty, Scrambled Egg, &amp; Buttermilk Biscuit Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>19</p> <p>French Toast Sticks with Maple Syrup Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>20</p> <p>Scrambled Eggs, Sweet Potato-Gingerbread Muffin &amp; Apple Butter Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>
<p>23</p> <p>Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>24</p> <p>Scrambled Eggs &amp; Cheese Grits Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>25</p> <p>Turkey Sausage Patty, Scrambled Egg, &amp; Buttermilk Biscuit Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>		
<p>All milk is 1% (unflavored) or nonfat (flavored). All meals are served with milk unless excepted by doctor's note.</p> <p>Milk is rBGH/rBST-free.</p> <p>Lactaid is available on request at the Elementary Campus</p>	<p>ANCS uses no nut products in breakfast or lunch items.</p> <p>Mondays are all-vegetarian menus.</p>	<p>Breakfast ends 5 minutes before the start of school. Please ensure your student is on campus in time if you intend for them to eat at ANCS.</p>	<p>Student meals at ANCS fit the USDA national school breakfast program meal pattern.</p>	<p>"The USDA is an equal opportunity provider and employer"</p>