

Monday	Tuesday	Wednesday	Thursday	Friday
2 Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	3 Scrambled Eggs & Cheese Grits Or Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	4 Turkey Sausage Patty, Scrambled Egg, & Buttermilk Biscuit Or Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	5 French Toast Sticks with Maple Syrup Or Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	6 Scrambled Eggs, Sweet Potato- Gingerbread Muffin & Apple Butter Or Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk
9 Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	10 Scrambled Eggs & Cheese Grits Or Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	11 Turkey Sausage Patty, Scrambled Egg, & Buttermilk Biscuit Or Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	12 French Toast Sticks with Maple Syrup Or Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	13 Scrambled Eggs, Sweet Potato- Gingerbread Muffin & Apple Butter Or Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk
16 Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	17 Scrambled Eggs & Cheese Grits Or Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	18 Turkey Sausage Patty, Scrambled Egg, & Buttermilk Biscuit Or Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	19 French Toast Sticks with Maple Syrup Or Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	20 Scrambled Eggs, Sweet Potato- Gingerbread Muffin & Apple Butter Or Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk
Thanksgiving Break 23	Thanksgiving Break 24	Thanksgiving Break 25	Thanksgiving Break 26	Thanksgiving Break 27
30 Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	ANCS uses no nut products in breakfast or lunch items. Mondays are all-vegetarian menus.	All milk is 1% (unflavored) or nonfat (flavored). All meals are served with milk unless excepted by doctor's note. Milk is rBGH/rBST-free. Lactaid is available on request at the Elementary Campus		Student meals at ANCS fit the USDA national school breakfast program meal pattern. "The USDA is an equal opportunity provider and employer"