

Monday	Tuesday	Wednesday	Thursday	Friday
<p>ANCS uses no nut products in breakfast or lunch items.</p> <p>Mondays are all-vegetarian menus.</p>	<p>Student meals at ANCS fit the USDA national school breakfast program meal pattern.</p> <p>“The USDA is an equal opportunity provider and employer”</p>	<p>All milk is 1% (unflavored) or nonfat (flavored). All meals are served with milk unless excepted by doctor’s note.</p> <p>Milk is rBGH/rBST-free.</p> <p>Lactaid is available on request at the Elementary Campus</p>	<p>French Toast Sticks with Maple Syrup Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>Scrambled Eggs Spiced Sweet Potato Muffin & Apple Butter Fresh Fruit Apple Juice or Orange Juice Milk</p>
<p>Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>Scrambled Eggs Cheese Grits Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>Turkey Sausage Patty Scrambled Egg Buttermilk Biscuit Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>Teacher Work Day</p>	<p>Fall Break</p>
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