

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Scrambled Eggs Cheese Grits Fresh Fruit Apple Juice or Orange Juice Milk	2 Turkey Sausage Patty Scrambled Egg Buttermilk Biscuit Fresh Fruit Apple Juice or Orange Juice Milk	3 French Toast Sticks with Maple Syrup Fresh Fruit Apple Juice or Orange Juice Milk	4 Scrambled Eggs Spiced Sweet Potato Muffin & Apple Butter Fresh Fruit Apple Juice or Orange Juice Milk
Labor Day 7	8 Scrambled Eggs Cheese Grits Fresh Fruit Apple Juice or Orange Juice Milk	9 Turkey Sausage Patty Scrambled Egg Buttermilk Biscuit Fresh Fruit Apple Juice or Orange Juice Milk	10 French Toast Sticks with Maple Syrup Fresh Fruit Apple Juice or Orange Juice Milk	11 Scrambled Eggs Spiced Sweet Potato Muffin & Apple Butter Fresh Fruit Apple Juice or Orange Juice Milk
14 Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	15 Scrambled Eggs Cheese Grits Fresh Fruit Apple Juice or Orange Juice Milk	16 Turkey Sausage Patty Scrambled Egg Buttermilk Biscuit Fresh Fruit Apple Juice or Orange Juice Milk	17 French Toast Sticks with Maple Syrup Fresh Fruit Apple Juice or Orange Juice Milk	18 Scrambled Eggs Spiced Sweet Potato Muffin & Apple Butter Fresh Fruit Apple Juice or Orange Juice Milk
21 Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	22 Scrambled Eggs Cheese Grits Fresh Fruit Apple Juice or Orange Juice Milk	23 Turkey Sausage Patty Scrambled Egg Buttermilk Biscuit Fresh Fruit Apple Juice or Orange Juice Milk	24 French Toast Sticks with Maple Syrup Fresh Fruit Apple Juice or Orange Juice Milk	25 Scrambled Eggs Spiced Sweet Potato Muffin & Apple Butter Fresh Fruit Apple Juice or Orange Juice Milk
28 Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk	29 Scrambled Eggs Cheese Grits Fresh Fruit Apple Juice or Orange Juice Milk	30 Turkey Sausage Patty Scrambled Egg Buttermilk Biscuit Fresh Fruit Apple Juice or Orange Juice Milk	<p>ANCS uses no nut products in breakfast or lunch items.</p> <p>Milk is rBGH/rBST-free.</p> <p>Mondays are all-vegetarian menus. On other days, if meat is served, vegetarian entree is in {curly brackets}</p>	<p>Student meals at ANCS fit the USDA national school breakfast program meal pattern.</p> <p>All milk is 1% (unflavored) or nonfat (flavored). All meals are served with milk unless excepted by doctor's note.</p> <p>"The USDA is an equal opportunity provider and employer"</p>