

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Student meals at ANCS fit the USDA school lunch program meal pattern.</p> <p>"The USDA is an equal opportunity provider and employer"</p>	<p>ANCS supports local food !!! <i>Local ingredients from the following have been served this school year:</i> ANCS Gardens * Gum Creek Farm * Crystal Organic Farm * Oxford Farm * The Turnip Truck * Whippoorwill Hollow Organic Farm * Riverview Farms * Geezer's Garden * Anson Mills * White Oak Pastures * The Congaree Milling Company</p> <p>ANCS is a member of Georgia Organics</p>	<p>All milk is 1% (unflavored) or nonfat chocolate.</p> <p>Lactaid nonfat milk is available on request at the elementary campus.</p> <p>All meals are served with milk unless excepted by doctor's note.</p> <p>Milk is rBGH/rBST-free.</p>	<p>ANCS uses no nut products in breakfast or lunch items.</p> <p>Mondays are all-vegetarian menus. On other days, if meat is served, vegetarian entree is in {curly brackets}</p> <p>Salad (either Chef's Salad or Mediterranean Vegetable Salad) is available as an entree choice for students in grades 4-8.</p>	<p>1</p> <p>Chicken Caesar Salad {Veggie Caesar Salad} Sweet Potatoes Focaccia Fruit Milk</p>
Spring Break 4	Spring Break 5	Spring Break 6	Spring Break 7	Spring Break 8
<p>MEATLESS MONDAY 11</p> <p>Grilled Cheese Sandwich Tomato Soup Green Salad Fruit Milk</p>	<p>12</p> <p>Veggie Chili Cornbread Carrot Sticks with Ranch Dressing Fruit Milk</p>	<p>13</p> <p>Meatloaf {Mushroom Loaf} Navy Beans Sugar Snap Peas Whole Wheat Roll Fruit Milk</p>	<p>14</p> <p>Chili Nachos w/Cheese {Nachos w/Cheese and Pinto Beans} Tomato Salsa, Lettuce, Sour Cream, Pickled Jalapenos Corn Salad with Chilies and Lime Fruit Milk</p>	<p>15</p> <p>BBQ Chicken Leg {BBQ Tofu} Sweet Potatoes Collard Greens Brown Rice Fruit Milk</p>
<p>MEATLESS MONDAY 18</p> <p>Southern Style Vegetable Plate Collard Greens, Sweet Potatoes, Lima Beans, Mac and Cheese, Buttermilk Biscuit Fruit Milk</p>	<p>TACO TUESDAY 19</p> <p>Braised Chicken with Tomatillo {Tostada with Pinto Beans, Queso Fresco and Avocado} Frijoles Negros – Black Beans Salpicón – Cabbage, Radish, and Chile Salad with Lime Fruit Milk</p>	<p>20</p> <p>Pasta with Bolognese Meat Sauce {Pasta w/ Mushroom Bolognese} Carrots Focaccia Fruit Milk</p>	<p>21</p> <p>Jerk Chicken Leg {Jerk Burger} Plantains Rice and Peas Curried Cabbage Fruit Milk</p>	<p>Earth Day 22</p> <p>Veggie Lasagna Caesar Salad Focaccia Fruit Milk</p>
<p>MEATLESS MONDAY 25</p> <p>Veggie Fried Rice Broccoli with Ginger and Scallions Cucumber Salad Fruit Milk</p>	<p>26</p> <p>Pozole Rojo (Mexican Pork and Hominy Stew) {Butternut Squash Soup, Yogurt, Roll} Pinto Beans Fruit Milk</p>	<p>27</p> <p>2nd Grade Humanities – Three Sisters (Squash, Corn, Beans) Cornbread Muffins Fruit Milk</p>	<p>28</p> <p>Cheese Pizza Greek Salad Carrot Sticks with Ranch Dressing Fruit Milk</p>	<p>29</p> <p>Breakfast for Lunch French Toast Sticks w/ Maple Syrup Veggie Frittata Home Fries OJ Milk</p>