

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">1</p> <p style="text-align: center;">LABOR DAY</p>	<p style="text-align: right;">2</p> <p>Chicken Salad Sandwich {Egg Salad Sandwich} Green salad Carrot sticks Fruit Milk</p>	<p style="text-align: right;">3</p> <p>Roasted Pork Loin {Veggie hot dog} Green peas Carrot sticks Baked beans Whole wheat roll Fruit Milk</p>	<p style="text-align: right;">4</p> <p>Grilled Cheese Sandwich Tomato Soup German Potato Salad Fruit Milk</p>	<p style="text-align: right;">5</p> <p>Penne pasta with bolognese meat sauce {Penne with pesto and ricotta} Green salad Fruit Milk</p>
<p style="text-align: right;">8</p> <p>Eggplant parmesan Green salad Fruit Whole wheat roll Milk</p>	<p style="text-align: right;">9</p> <p>Pulled Pork Sandwich {Veggie Burger} German potato salad Cole slaw Fruit Milk</p>	<p style="text-align: right;">10</p> <p>Chili Nachos w/Cheese {Nachos w/Cheese and pinto beans} Tomato salsa, lettuce, sour cream, pickled jalapenos Fruit Milk</p>	<p style="text-align: right;">11</p> <p>Roasted Chicken Thighs {Veggie hot dog} Ratatouille Mashed Potato Fruit Milk</p>	<p style="text-align: right;">12</p> <p>Fish tacos with jalapeno slaw {Veggie tacos} Black beans and rice Butternut squash Fruit Milk</p>
<p style="text-align: right;">15</p> <p>Farmer's Market Veggie Plate <i>A variety of vegetable sides incorporating this week's best produce</i> Cornbread Fruit Milk</p>	<p style="text-align: right;">16</p> <p>Meatloaf {Mushroom loaf} Collard greens Mac and cheese Fruit Milk</p>	<p style="text-align: right;">17</p> <p>Chicken Caesar Salad {Veggie caesar salad} Butternut squash Fruit Milk</p>	<p style="text-align: right;">18</p> <p>Shrimp Etouffee {Eggplant etouffee} Brown rice Green beans with garlic butter Fruit Milk</p>	<p style="text-align: right;">19</p> <p>Jerk Chicken Wings {Jerk Tofu} Pigeon peas and rice Fried plantains Fruit Milk</p>
<p style="text-align: right;">22</p> <p>Falafel plate Falafel – chickpea fritters with tahini and hot sauce Whole wheat pita Greek salad Fruit Milk</p>	<p style="text-align: right;">23</p> <p>Beef Tacos {Black Bean Tacos} Lettuce/Tomato/Cheese Avocado and tomato salad Fruit Milk</p>	<p style="text-align: right;">24</p> <p>Hot Ham & Cheese Sandwich {Grilled Cheese Sandwich} Cole slaw German Potato Salad Fruit Milk</p>	<p style="text-align: right;">25</p> <p>Basil rolls with shrimp {Veggie basil rolls} Cucumber salad Veggie Fried rice Fruit Milk</p>	<p style="text-align: right;">26</p> <p>Chicken Pot Pie {Veggie Pot Pie} Sweet Potatoes Fruit Milk</p>
<p style="text-align: right;">29</p> <p>Baked ziti with mozzarella Roasted zucchini Green salad Fruit Milk</p>	<p style="text-align: right;">30</p> <p>Chicken enchiladas {Cheese enchiladas} Refried beans Tomato and corn salad Fruit Milk</p>	<p>Mondays are all-vegetarian menus. On other days, if meat is served, vegetarian entree is in {curly brackets}</p> <p>Whenever possible, meats are antibiotic- and hormone-free</p>	<p>Menus subject to change without notice</p> <p>Milk is rGBH-free</p> <p>ANCS supports local food</p>	<p>"The USDA is an equal opportunity provider and employer"</p> <p>Per USDA regulation: All milk is 1% (unflavored) or nonfat (flavored) All grain products are whole-grain rich</p>