

## 2013-2014 – ANCS Term III Spring Enrichment Programs

### March 17 – May 16

Week Day	Course Name	Instructor	Description	#Weeks	Time	Fee	Grades	Materials	Enrollment
Monday	<b>PE Club</b>	Ms. Hall & Ms. Paez	A variety of enjoyable, all-inclusive physical activities designed to build self-confidence and promote cooperation, fair play, and responsible participation, while encouraging lifetime fitness pursuits.	8 weeks	3:10-4:10 PM	\$80.00	K-5	None	40 students
Monday	<b>Crafting is your middle name</b>	Ms. Swern	Fun with Springtime crafts using felt, paper, paint, fabric and imagination! Calling all children who like to craft in the warm weather with friends!	8 weeks	3:10-4:10 PM	\$80.00	K-2	None	10 students
Tuesday	<b>Voice Class</b>	Ms. Williams	Students will learn the art of singing through practice and performance. We will focus on vocal training elements such as correct posture, breathing techniques.	8 weeks	3:10-4:10 PM	\$80.00	K-5	None	15 students
Tuesday	<b>Yoga</b>	Lynn Brandli	Children will find their inherent strength, flexibility, and use of mind and breath to calm emotions and soothe the mind. Class will begin with a snack and end the session with a “yoga party”.	8 weeks	3:10-4:10 PM	\$80.00	K-5	None	10 students
Wednesday	<b>Seams So Simple</b>	Shannon Johnson	Students will develop the skill of sewing and needle crafting. They will create an adventure backpack for all of their summer travels and explorations	8 weeks	3:10-4:10 PM	\$80.00	3-5	\$40.00	10 students
Wednesday	<b>PlayBall</b>	Kathryn Parker	Students learn “skills” of sports; tennis, golf, street hockey, volleyball, baseball, basketball & soccer. Development of skills related to the sports played at school, introduction to basic teamwork, development of skills needed in a game situation, and introduction to partner work.	8 weeks	3:10-4:10 PM	\$80.00	K-2	None	10 students
Thursday	<b>Seams So Simple</b>	Shannon Johnson	Students will develop the skill of sewing and needle crafting. They will create an adventure backpack for all of their summer travels and explorations.	8 weeks	3:10-4:10 PM	\$80.00	K-2	\$40.00	10 students
Thursday	<b>Non-Bake Cooking Class</b>	Ms. Olken	Students will learn how to make healthy snacks. They will read recipes, use measuring utensils, and learn	8 weeks	3:10-4:10 PM	\$80.00	K-5	\$15	15 students

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			kitchen safety. Students will enjoy eating their snacks during class while exploring the talents of young chefs around the world. An electric skillet and burner will be incorporated to prepare hot foods						
Thursday	<b>Piano III</b>	Ms. Williams	<b>This class is a continuation of Piano II.</b> Students will learn additional piano pedagogy as well as musical keyboarding techniques. A culminating recital will take place during the last class	8 weeks	3:10-4:10 PM	\$80.00	K-5	None	15 students
Thursday	<b>Cross Country</b>	Ms. Webb	Students will learn the basics of long distance running. They will practice speed, endurance, and technique and learn about pacing themselves so they do not run out of energy in the first mile. We will end the term by participating in a local 5K	8 weeks	3:10-4:10 PM	\$80.00	2-3	None	15 students
Thursday	<b>Cross Country</b>	Kristen Daniel	Students will learn the running basics while training for Run with the Wolves.	8 weeks	3:10-4:10 PM	\$80.00	4-5	None	15 students