

2015-2016 – ANCS-Elementary-Term I Fall Enrichment Programs
September 14th-November 6th

Week Day	Course Name	Instructor	Description	#Weeks	Time	Fee	Grades	Material	Enrollment
Monday	PE Club	Ms. Paez	A variety of enjoyable, all-inclusive physical activities designed to build self-confidence and promote cooperation, fair play and responsible participation while encouraging lifetime fitness pursuits.	8 weeks	3:15-4:15 PM	\$80.00	K-5	None	20 students
Monday	21st Century Skills	Ms. Traina	Students will learn techniques such as typing, computer presentations, poster presentations, speaking skills, and using technology.	8 weeks	3:15-4:15 PM	\$80.00	4-5	None	10 students
Monday	Crochet Club	Ms. Pina	Students will learn to crochet and make cool and useful items.	8 weeks	3:15-4:15 PM	\$80.00	3-5	\$10.00	12 students
Monday	Yoga & Mindfulness Training	Ms. Brandli Ms. Shook	Students will stretch and strengthen their bodies and mind and learn to calm themselves with their breath. Yoga poses, yoga games, and snack. We end each class with a story relating to the theme of the day.	8 weeks	3:15-4:15 PM	\$80.00	K-3	None	20 students
Tuesday	Knitting	Ms. Bubes Ms. Eingurt	Learn to knit or increase your skills. If you have a passion for yarn crafts, you might be a KNIT-WIT. Beginners welcomed-experienced knitters will learn new skills	8 weeks	3:15-4:15 PM	\$80.00	2-5	\$20.00	30 students
Tuesday	Cross Country	Ms. Daniel Ms. Webb	Students will learn the basics of long distance running and enjoy practices in Grant Park & Phoenix Park.	8 weeks	3:15-4:15 PM	\$80.00	3-5	None	40 students
Tuesday	Playball	Kathryn Parker	Students learn basic “skills” of sports; tennis, golf, street hockey, baseball, basketball & soccer. A non-competitive program with positive reinforcement in a fun atmosphere. Please wear tennis shoes on Playball Thursdays. Each student will receive a Playball t-shirt.	8 weeks	3:15-4:15 PM	\$80.00	K-2	None	10 students
Tuesday	Music Workshop	Ms. Sumner	Students will learn the basic makings of song (chorus, verse, hook, bridge & refrain), explore creative writing by forming their own lyrics, have a general understanding of song rhythms and beats. Session will focus mainly on today’s pop music.	8 weeks	3:15-4:15 PM	\$80.00	3-5	None	20 students

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Tuesday	Step Class	Ms. German	Students will learn a series of patterns, beats, and rhythms that will be created through clapping, stomping, snapping, patting, chanting, and/or using other objects. Students will also learn the history of step and perform during morning meeting.	8 weeks	3:15-4:15 PM	\$80.00	3-5	None	15 students
Tuesday	Ballet & Jazz	I Love to Dance Atlanta	Please visit www.ilovedanceatlanta.com for more information. Register and pay online.	9/14-5/15	3:15-4:15 PM	N/A	K-2	N/A	20 students
Tuesday	The Kind Mind Club	Ms. Sattler Ms. Garris	Students will participate in service learning projects and spread beauty within our school community. Students will practice mindfulness, explore what it means to be a global citizen, and engage in kindness activities toward themselves and others. We will take walking trips around ANCS.	8 weeks	3:15-4:15 PM	\$80.00	K-5	None	20 students
Wednesday	Nerd Ninja Coding Class	William Teasley	Students will create animation, games & other projects using Scratch; an online coding program developed by MIT to introduce youth to computer science and coding. Students will complete several projects by the end of Session 1 that will add to the ANCS Studio. https://scratch.mit.edu/studios/1159078/projects/	8 weeks	1:45-3:15 PM	\$100.00	3-5	None	20 students
Wednesday	Kinoko Club	Ai Lovell	Want to visit Japan but think it's too far away? Kinoko Club is here to help! Experience the coolness of Japan here at ANCS. Students will utilize elements of Japanese culture including Japanese traditional crafts, games, anime, and language study in order to foster cultural awareness and fun.	8 weeks	1:45-3:15 PM	\$100.00	2-3	\$10.00	10 students

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Thursday	Voice Class	Ms. Williams	Students will learn the art of singing through practice and performance. We will focus on training elements such as correct posture, breathing techniques, diction & ear training. Students will also practice and perform a solo piece for each other and have the opportunity to perform for morning meeting.	8 weeks	3:15-4:15 PM	\$80.00	K-5	None	20 students
Thursday	Beginning/Intermediate Gymnastics & Tumbling	Ms. Green	This enrichment will focus on beginner and intermediate gymnastics and tumbling skills with an emphasis on technique and basic skills. Students will learn dynamic stretching, foundational muscle development (handstand variations, rolls, and twisting), new skills spotted by a trained instructor, and static stretching. Each week, students will engage in a new skill and acquire helpful tools for safe practice at home. At the end of the session, students will perform a routine incorporating all skills learned during the session.	8 weeks	3:15-4:15 PM	\$80.00	3-5	None	15 students
Thursday	Cooking & Crafting	Ms. Randall	Students will have fun, learn and get their hands a little sticky. They will create yummy food and handmade crafts. *Parents, please list any food allergies your child may have.	8 weeks	3:15-4:15 PM	\$80.00	1	\$20	10 students
Thursday	Nerd Ninja Coding Class: Minecraft	Ms. Teasley Mr. Lobban	Students will create modifications and other design projects using Minecraft; an online gaming program. The program will coach students in using computer coding to create “mods” for characters and items in an online version of Minecraft. Students will create several modification projects by the end of Session 1. It is recommended that students have vanilla Minecraft access at home but it is not required.	8 weeks	3:15-4:15 PM	\$80.00	3-5	\$30.00	20 students

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Thursday	Comedy Improv	Mr. Sumner	Students will work through various forms of comedic writing, such as standup, sketch, improv and one-man acts. Students will utilize interpersonal skills. This will be a high-energy, very engaging, and tons of fun class!!	8 weeks	3:15-4:15 PM	\$80.00	2-5	None	20 students
Thursday	Art Class	Ms. Traina	Students will learn techniques in painting, drawing and photography.	8 weeks	3:15-4:15 PM	\$80.00	4-5	\$10.00	10 students
Thursday	Yoga	Ms. Kent	Students will learn yoga poses and breathing exercises. Students need to bring a yoga mat to class.	8 weeks	3:15-4:15 PM	\$80.00	3-5	None	10 students
Friday	Ballet & Contemporary	I Love to Dance Atlanta	Please visit www.ilovedanceatlanta.com for more information. Register and pay online.	9/14-5/15	3:15-4:15 PM	N/A	3-5	N/A	20 students
Friday	Cooking & Crafting	Ms. Randall	Students will have fun, learn and get their hands a little sticky. They will create yummy food and handmade crafts. *Parents, please list any food allergies your child may have.	8 weeks	3:15-4:15 PM	\$80.00	2-3	\$20	11 students