February 2022 Lunch Menus Atlanta Neighborhood Charter School MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY 1/31/2022 2/2/2022 2/1/2022 2/3/2022 2/4/2022 Omnivore (if Chicken Teriyaki, Stir-Fried Vegetables, Pasta with Turkey Bolognese Meat different from **Brown Rice** Sauce, Caesar Salad below) Impossible Taco Salad with Lettuce, Seasonal Vegetable Plate - ANCS Grilled Cheese Sandwich, Carrots and Tofu Teriyaki, Stir-Fried Vegetables, Pasta with Impossible Bolognese Sauce, Greens, Broccoli Salad with Parmesan, Vegetarian Radish, Cheese, Beans, Corn, Tortilla Ranch Dressing, Red Cabbage Salad **Brown Rice** Caesar Salad Crisps, Lime-Chili Ranch Sweet Potatoes, Cornbread, Yogurt 2/7/2022 2/8/2022 2/9/2022 2/10/2022 2/11/2022 Omnivore (if Pulled Pork Sandwich, Pinto Beans, Cole BBQ Chicken, Garden Greens, New different from Potatoes, Cornbread Slaw below) Green Salad with Roasted Sweet Baked Penne Pasta with ANCS Kale and Kale and Carrot Salad with Creamy Potatoes, Queso Fresco, Black Beans, Black Bean Burger, Pinto Beans, Cole BBQ Tofu, Garden Greens, New Parmesan Cheese Sauce, Carrots and Miso-Ginger Dressing and Sesame Seed, Vegetarian Avocado & Lime, String Cheese, Wheat Slaw Potatoes, Cornbread Ranch Dressing, Yogurt Brown Rice, Edamame Roll 2/14/2022 2/15/2022 2/16/2022 2/17/2022 2/18/2022 MID-WINTER BREAK MID-WINTER BREAK MID-WINTER BREAK MID-WINTER BREAK MID-WINTER BREAK Omnivore (if Vegetarian 2/21/2022 2/22/2022 2/23/2022 2/24/2022 2/25/2022

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Omnivore (if different from below)		Sloppy Joes, Roasted Potatoes, ANCS Greens			Roast Chicken, Chickpea Salad, Corn, Wheat Roll
Vegetarian	Baked Potato, Yogurt, Broccoli, Wheat Roll	Impossible Joes, Roasted Potatoes, ANCS Greens	Pasta with Roasted Winter Squash, Kale, Parmesan and Sage, Caesar Salad, String Cheese	Green Salad with Winter Vegetables, Cheese Toast	Chicken-Fried Tofu, Chickpea Salad, Corn, Wheat Roll

2/28/2022

	Black History Month Celebration & Teach-In: Gullah Geechee and Coastal Georgia recipes from CheFarmer Matthew Raiford's 2021 book Bress 'n' Nyam	
Omnivore (if different from below)		
Vegetarian	Reezy Peezy (Sea Island Red Peas and Carolina Gold Rice), Mess o' Greens, Cowpea Salad, Grandpa Arthur's Citrus- Candied Sweet Potatoes	