

Atlanta Neighborhood Charter School

August 2022 Lunch Menus

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
8/1/2022		8/2/2022		8/3/2022		8/4/2022		8/5/2022	
FIRST DAY OF SCHOOL									
Omnivore (if different from below)									
Vegetarian		Baked Potato, Broccoli, Wheat Roll, Yogurt		Pasta with Tomatoes and Basil, Caesar Salad, String Cheese		Taco Salad with Impossible Chili Con Carne, Lime-Chili Ranch		Grilled Cheese, Baby Carrots, Ranch Dressing, Chickpea Salad	
8/8/2022		8/9/2022		8/10/2022		8/11/2022		8/12/2022	
MEATLESS MONDAY									
Omnivore (if different from below)		Tuna Salad Sandwich on Whole Wheat, Green Peas, Baby Carrots, Ranch Dressing		Pasta Bolognese, Caesar Salad				Chicken Teriyaki, Stir-Fried Vegetables, Brown Rice, Teriyaki Sauce	
Vegetarian	Green Salad with Roasted Sweet Potatoes, Black Beans and Avocado, Roasted Summer Squash, Lime Dressing	Egg Salad Sandwich on Whole Wheat, Green Peas, Baby Carrots, Ranch Dressing		Pasta Impossible Bolognese, Caesar Salad		Veggie Chili, Cornbread, Cucumber Salad		Tofu Teriyaki, Stir-Fried Vegetables, Brown Rice, Teriyaki Sauce	
8/15/2022		8/16/2022		8/17/2022		8/18/2022		8/19/2022	
MEATLESS MONDAY									
Omnivore (if different from below)		Sloppy Joe, New Potatoes, Baby Carrots, Ranch Dressing						BBQ Chicken, Pinto Beans, Coleslaw, Wheat Roll	
Vegetarian	Baked Sweet Potato, Brown Sugar Cinnamon Butter, Cucumber Salad, Wheat Roll, String Cheese	Impossible Joe, New Potatoes, Baby Carrots, Ranch Dressing		Green Salad, Pea and Rice Salad, Sliced Tomatoes, Balsamic Vinaigrette, Hard Boiled Egg		Pasta with Eggplant, Roasted Tomatoes and Garlic, Caesar Salad, String Cheese		BBQ Tofu, Pinto Beans, Coleslaw, Wheat Roll	
8/22/2022		8/23/2022		8/24/2022		8/25/2022		8/26/2022	
MEATLESS MONDAY									
Omnivore (if different from below)		Turkey Cuban, Cuban Tomato Salad, New Potatoes				Roast Chicken, Brown Rice, Cooked Carrots, Red Cabbage Salad			
Vegetarian	Pasta with Basil-Pumpkin Seed Pesto and Summer Squash, Caesar Salad, Yogurt	Black Bean Burger, Cuban Tomato Salad, New Potatoes		Greek Salad, Wheat Roll, Yogurt		Chicken Fried Tofu, Brown Rice, Cooked Carrots, Red Cabbage Salad		Nachos with Impossible Chili Con Carne	
8/29/2022		8/30/2022		8/31/2022		9/1/2022		9/2/2022	
MEATLESS MONDAY					BREAKFAST FOR LUNCH				
Omnivore (if different from below)		Pulled Pork Sandwich, New Potatoes, Coleslaw							
Vegetarian	Farm Lettuce & Assorted Summer Vegetables, Balsamic Vinaigrette, Cheese Toast	Black Bean Burger, New Potatoes, Coleslaw		French Toast Sticks, Roasted Potatoes, Sliced Tomatoes, Hard Boiled Egg, Orange Juice					

Menus may be subject to changes without notice.

This institution is an equal opportunity provider.