

Atlanta Neighborhood Charter School

September 2022 Lunch Menus

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

8/29/2022

8/30/2022

8/31/2022

9/1/2022

9/2/2022

MEATLESS MONDAY

BREAKFAST FOR LUNCH

Omnivore (if
different from
below)

Pulled Pork Sandwich, New Potatoes,
Coleslaw

Pasta Bolognese, Caesar Salad

Vegetarian

Farm Lettuce & Assorted Summer
Vegetables, Balsamic Vinaigrette,
Cheese Toast

Black Bean Burger, New Potatoes,
Coleslaw

French Toast Sticks, Roasted Potatoes,
Sliced Tomatoes, Hard Boiled Egg,
Orange Juice

Pasta Impossible Bolognese, Caesar
Salad

Edamame, Brown Rice, Gingered Carrot
Salad, Cucumbers

9/5/2022

9/6/2022

9/7/2022

9/8/2022

9/9/2022

LABOR DAY

Omnivore (if
different from
below)

Tuna Salad Sandwich on Whole Wheat,
Chickpeas, Baby Carrots, Ranch Dressing

Chicken Caesar Salad, Garlic Bread,
Sliced Tomatoes

Vegetarian

Baked Potato, Broccoli, Wheat Roll,
Yogurt

Egg Salad Sandwich on Whole Wheat,
Chickpeas, Baby Carrots, Ranch Dressing

Grilled Tofu Caesar Salad, Garlic Bread,
Sliced Tomatoes

Nachos with Impossible Chili Con Carne

9/12/2022

9/13/2022

9/14/2022

9/15/2022

9/16/2022

MEATLESS MONDAY

FIRST DAY OF HISPANIC HERITAGE
MONTH

Omnivore (if
different from
below)

Pork Carnitas, Brown Rice, Pinto Beans,
Green Salad, Ms. Paez's Pico de Gallo,
Salsa Verde

Chicken and Rice Soup with ANCS Okra,
Red Cabbage Salad, Yogurt, Wheat Roll

Vegetarian

Pasta with Tomatoes and Basil, Caesar
Salad, String Cheese

Taco Salad with Impossible Chili Con
Carne, Lime-Chili Ranch

Grilled Cheese, Tomato Soup, Corn

Tamales with Rajas and Vegetables,
Brown Rice, Pinto Beans, Green Salad,
Ms. Paez's Pico de Gallo, Salsa Verde

Chickpea Coconut Curry with ANCS
Vegetables, Red Cabbage Salad, Yogurt,
Wheat Roll

9/19/2022

9/20/2022

9/21/2022

9/22/2022

9/23/2022

MEATLESS MONDAY

Omnivore (if
different from
below)

Sloppy Joe, New Potatoes, Baby Carrots,
Ranch Dressing

BBQ Chicken, Pinto Beans, Coleslaw,
Wheat Roll

Vegetarian

Veggie Chili, Cornbread, Cucumber
Salad

Pasta with Eggplant, Roasted Tomatoes
and Garlic, Caesar Salad, String Cheese

Impossible Joe, New Potatoes, Baby
Carrots, Ranch Dressing

Green Salad with Roasted Sweet
Potatoes, Black Beans and Avocado,
Lime Dressing, Wheat Roll

BBQ Tofu, Pinto Beans, Coleslaw, Wheat
Roll

9/26/2022

9/27/2022

9/28/2022

9/29/2022

9/30/2022

MEATLESS MONDAY

HISPANIC HERITAGE MONTH - COMIDA
CUBANA

Omnivore (if
different from
below)

Elena Ruz Sandwich, Black Beans, Cuban
Tomato Salad

Chicken Teriyaki, Stir-Fried Vegetables,
Brown Rice, Teriyaki Sauce

Vegetarian

Baked Sweet Potato, Brown Sugar
Cinnamon Butter, Cucumber Salad,
Wheat Roll, String Cheese

Picadillo Imposible con Arroz y Plátanos
Maduros, Black Beans, Cuban Tomato
Salad

Greek Salad, Wheat Roll, Yogurt

Tofu Teriyaki, Stir-Fried Vegetables,
Brown Rice, Teriyaki Sauce

Pasta with Basil-Pumpkin Seed Pesto
and Tomatoes, Caesar Salad, Yogurt

Menus may be subject to changes without notice.

This institution is an equal opportunity provider.