

Atlanta Neighborhood Charter School

October 2022 Lunch Menus

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
10/3/2022		10/4/2022		10/5/2022		10/6/2022		10/7/2022	
MEATLESS MONDAY				HISPANIC HERITAGE MONTH: Andean Cuisine - Peru and Bolivia					
Omnivore (if different from below)		Pulled Pork Sandwich, Coleslaw, Baby Carrots, Ranch Dressing			Ají de Gallina - Peruvian Chicken Stew with Yellow Chilies - with Quinoa, New Potatoes, Peruvian Lima Bean Salad				
Vegetarian	Pasta with Tomatoes and Basil, Caesar Salad, String Cheese	Black Bean Burger, Coleslaw, Baby Carrots, Ranch Dressing		Edamame, Brown Rice, Gingered Carrot Salad, Cucumbers		Ají de Fideos - Bolivian Pasta and Potato Stew, New Potatoes, Peruvian Lima Bean Salad		Veggie Chili, Cornbread, Cucumber Salad	
10/10/2022		10/11/2022		10/12/2022		10/13/2022		10/14/2022	
FALL BREAK		FALL BREAK		FALL BREAK		FALL BREAK		FALL BREAK	
Omnivore (if different from below)									
Vegetarian									
10/17/2022		10/18/2022		10/19/2022		10/20/2022		10/21/2022	
MEATLESS MONDAY									
Omnivore (if different from below)					Chicken Teriyaki, Stir-Fried Vegetables, Brown Rice, Teriyaki Sauce			Pasta Bolognese, Caesar Salad	
Vegetarian	Baked Potato, Broccoli, Wheat Roll, Yogurt	Taco Salad with Impossible Chili Con Carne, Lime-Chili Ranch		Grilled Cheese, Tomato Soup, Corn, Baby Carrots, Ranch Dressing		Tofu Teriyaki, Stir-Fried Vegetables, Brown Rice, Teriyaki Sauce		Pasta Impossible Bolognese, Caesar Salad	
10/24/2022		10/25/2022		10/26/2022		10/27/2022		10/28/2022	
MEATLESS MONDAY									
Omnivore (if different from below)		Sloppy Joe, New Potatoes, Baby Carrots, Ranch Dressing						Pozole Verde - Chicken, Cabbage, Radish, Cilantro, Lime, Tortilla Crisps, Wheat Roll	
Vegetarian	Fall Spinach Salad with Fried ANCS Okra, Tomatoes, Corn, Boiled Egg and Farm Vegetables, Ranch Dressing, Cheese Toast	Impossible Joe, New Potatoes, Baby Carrots, Ranch Dressing		Baked Sweet Potato, Brown Sugar Cinnamon Butter, Cucumber Salad, Wheat Roll, String Cheese		Nachos with Impossible Chili Con Carne		Pozole Verde - Vegetarian, Cabbage, Radish, Cilantro, Lime, Tortilla Crisps, Wheat Roll	
10/31/2022		11/1/2022		11/2/2022		11/3/2022		11/4/2022	
MEATLESS MONDAY									
Omnivore (if different from below)									
Vegetarian	Pasta with Basil-Pumpkin Seed Pesto and Tomatoes, Caesar Salad, Yogurt								

Menus may be subject to changes without notice.

This institution is an equal opportunity provider.