



ATLANTA NEIGHBORHOOD CHARTER SCHOOL

WEDNESDAYS | JANUARY 4-MAY 17 | 1:45-2:45
 \$15 per Class | 18 CLASSES | \$20 Registration Fee
 NO CLASS 2/22 and 4/5

Semester Lump Sum	Semester Split	Monthly *CC Only
Spring: \$290	Registration: \$190 3/1: \$100	\$76 first month \$56 per month

PAYMENT OPTIONS: Venmo or Credit Card*

SCAN ME



<https://tinyurl.com/ANCS22-23>

THE PLAYBALL SPORTS PROGRAM

Playball is a fun, structured and active way of engaging children in physical activity at a young age. Our scientifically researched curriculum provides a good platform for enhancing life skills and building a strong base for confident sport participation. Our goal is clear, to teach sport properly so that any child who attends one or all of our five programs will achieve a level of competence providing them with a springboard into future sports participation. The Playball program is for boys and girls of every ability and interest, as well as providing foundation sport skills for athletes of the future. The success of the Playball sport program is that through competent sports participation, your child will secure a solid base from which to develop many other and more important aspects of their lives. Classes have 6-10 children (depending on their age) and are 30 minutes long. Playball is Progressive. No two classes are the same. Children progress from an informal introduction to ball and motor skills, to more structured sports participation. Playball develops life skills alongside sport skills.

HOW DOES IT HELP CHILDREN?

We use the medium of sports, not only to improve gross motor development, increase concentration skills, build low muscle tone, to teach children to be competent in hand-eye/foot-eye coordination and improve balance; but sport is also used to teach basic, yet essential life skills. At Playball your children will learn persistence, courage, cooperation, respect, positive relationships, self-worth, communication, responsibility, and countless other attributes. We address the needs of the whole child - dealing with the emotional, social, cognitive, and physical.

WHO CAN SIGN UP?

Playball is created to suit the needs and abilities of ALL children - to give them the confidence to participate in all activities, both on and off the field. At Playball, children learn the basis for such sports as baseball, basketball, hockey, tennis, soccer, volleyball, and more.

2 CAN DO OBJECTIVES (Age 2-3)

This program creates a stimulating, yet fun environment rich in learning experiences, which is suited to the 2-year-old. Learning to participate with confidence in a structured environment challenges the young child emotionally and socially. Physically the 2-year-old child is starting to integrate and control muscles and movement patterns and the program takes advantage of this developmental moment by providing a wide range of suitable movement and muscle strengthening exercises. The program follows a holistic approach and not only focuses on physical development, but also on language and concept formation i.e. understanding shapes, colors, direction and space.

WATCH ME AT THREE OBJECTIVES (Age 3-4)

The 'WATCH ME @ THREE' program wishes to encourage the young child to participate in the group. The environment is non-intimidating, caring and friendly. A healthy balance is maintained between fun and learning as the three-year-old is introduced to basic movement/development skills, which lay the foundation for sport competence. As this is often one of the earliest encounters with a formal environment, coaching is also directed at improving concentration and listening skills. The three-year-old will begin to learn the basis for such sports as baseball, basketball, hockey, tennis, soccer, volleyball and more. We use the medium of sports to not only improve fine and gross motor development, but to also teach basic life skills. At Playball, children learn persistence, courage, cooperation, respect, positive relationships, self-worth, communication, responsibility and countless other attributes. We use a loving, highly creative medium to learn necessary skills, educate and play imaginative games.

FOUR-YEAR OLD OR "DINKIES" OBJECTIVES (Age 4-5)

The 'DINKIES' program focuses on mastering a variety of sport and movement skills. The balance between participation and the quality of each skill is given full consideration. By the use of repetition, the quality in execution of each skill improves. 'DINKIES' take great strides into the world of competent sport participation as both good ball skills as well as movement competence are established and improved upon. Skills are built upon and sequenced as to provide a fluid understanding of the sport. The four-year-old will learn the basis and begin to improve upon the skills for such sports as baseball, basketball, hockey, tennis, soccer, volleyball and more. Using the medium of sports, Playball improves muscle development and continually teaches and emphasizes the importance of the life skills. In the Dinkies program children learn and practice persistence, courage, cooperation, respect, positive relationships, self-worth, communication, responsibility and countless other attributes in every class. We use a loving, highly creative medium to learn necessary skills, educate and play imaginative games.

ASK US ABOUT OUR BIRTHDAY PARTIES!!