

# Atlanta Neighborhood Charter School

# January 2023 Lunch Menus

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1/2/2023

1/3/2023

1/4/2023

1/5/2023

1/6/2023

Faculty/Staff Work Day

Omnivore (if different from below)

Roast Chicken, Lettuce, Radish, Rice and Lentil Pilaf, Tahina Sauce

Pulled Pork Sandwich, Coleslaw, Baby Carrots, Ranch Dressing

Vegetarian

Baked Potato, Broccoli, Wheat Roll, Yogurt

Pasta with Tomatoes and Basil, Caesar Salad, String Cheese

Falafel, Lettuce, Radish, Rice and Lentil Pilaf, Tahina Sauce

Black Bean Burger, Coleslaw, Baby Carrots, Ranch Dressing

1/9/2023

1/10/2023

1/11/2023

1/12/2023

1/13/2023

MEATLESS MONDAY

Omnivore (if different from below)

Chicken and Rice Soup with ANCS Okra, Baby Carrots, Ranch Dressing, Cheese Toast

Chef's Chopped Salad with Bacon, Hard Boiled Egg, Farm Vegetables, Croutons, Herb Dressing, Wheat Roll

BBQ Chicken, New Potatoes, Red Cabbage Salad, Wheat Roll

Vegetarian

Impossible Johnny Mazetti - Egg Noodle Casserole Panama Canal Zone Style, Green Salad

Sweet Potato and Red Lentil Soup, Baby Carrots, Ranch Dressing, Cheese Toast

Chef's Chopped Salad with Avocado, Hard Boiled Egg, Farm Vegetables, Croutons, Herb Dressing, Wheat Roll

Nachos with Impossible Chili Con Carne

BBQ Tofu, New Potatoes, Red Cabbage Salad, Wheat Roll

1/16/2023

1/17/2023

1/18/2023

1/19/2023

1/20/2023

Dr. Martin Luther King, Jr. Day

Omnivore (if different from below)

Sloppy Joe, Corn, Black Beans

Chicken Teriyaki, Stir-Fried Vegetables, Brown Rice

Vegetarian

Grilled Cheese, Tomato Soup, Baby Carrots, Ranch Dressing

Pasta with Roasted Butternut Squash, Brown Butter and Sage, Caesar Salad, Yogurt

Impossible Joe, Corn, Black Beans

Tofu Teriyaki, Stir-Fried Vegetables, Brown Rice

1/23/2023

1/24/2023

1/25/2023

1/26/2023

1/27/2023

MEATLESS MONDAY

ANCS celebrates Lunar New Year

Omnivore (if different from below)

Pasta Bolognese, Caesar Salad

Turkey Cuban Sandwich, Coleslaw, New Potatoes

Noodles with ANCS Greens and Ground Pork, Cucumber Salad

Vegetarian

Taco Salad with Impossible Chili Con Carne

Pasta Impossible Bolognese, Caesar Salad

Veggie Chili, Sweet Potato Circles, Cornbread

Black Bean Burger, Coleslaw, New Potatoes

Noodles with Edamame, ANCS Farm Vegetables, Ginger and Soy, Cucumber Salad

1/30/2023

1/31/2023

2/1/2023

2/2/2023

2/3/2023

MEATLESS MONDAY

BREAKFAST FOR LUNCH

Omnivore (if different from below)

Vegetarian

Baked Sweet Potato, Brown Sugar Cinnamon Butter, Cucumber Salad, Wheat Roll, String Cheese

French Toast Sticks, Roasted Potatoes, Green Salad, Hard Boiled Egg, Orange Juice

Menus may be subject to changes without notice.

This institution is an equal opportunity provider.