

# Atlanta Neighborhood Charter School

# February 2023 Lunch Menus

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1/30/2023		1/31/2023		2/1/2023		2/2/2023		2/3/2023	
MEATLESS MONDAY		BREAKFAST FOR LUNCH						ANCS CELEBRATES LUNAR NEW YEAR	
Omnivore (if different from below)						Sloppy Joe, Corn, Black Beans			
Vegetarian	Baked Sweet Potato, Brown Sugar Cinnamon Butter, Cucumber Salad, Wheat Roll, String Cheese	French Toast Sticks, Roasted Potatoes, Green Salad, Hard Boiled Egg, Orange Juice		Pasta with Kale, White Beans, Tomato and Parmesan, Caesar Salad, Yogurt		Impossible Joe, Corn, Black Beans		Steamed Vegetarian Dumplings, Cabbage with Chili Crisp, Cucumber Salad	
2/6/2023		2/7/2023		2/8/2023		2/9/2023		2/10/2023	
MEATLESS MONDAY									
Omnivore (if different from below)		Pulled Pork Sandwich, Coleslaw, Baby Carrots, Ranch Dressing						Chicken Teriyaki, Stir-Fried Vegetables, Brown Rice	
Vegetarian	Taco Salad with Impossible Chili Con Carne	Black Bean Burger, Coleslaw, Baby Carrots, Ranch Dressing		Veggie Chili, Sweet Potato Circles, Cornbread		Pasta Alfredo, Caesar Salad, Green Peas		Tofu Teriyaki, Stir-Fried Vegetables, Brown Rice	
2/13/2023		2/14/2023		2/15/2023		2/16/2023		2/17/2023	
MEATLESS MONDAY				BLACK HISTORY MONTH at ANCS: Gullah Geechee recipes from Emily Meggett, Edisto Island SC					
Omnivore (if different from below)		Turkey Cuban Sandwich, Cooked Carrots, Cucumber Salad		Salmon Patties, Carolina Conch Peas, Baked Cheese Grits, Green Salad, Benne Cookies				BBQ Chicken, New Potatoes, Red Cabbage Salad, Wheat Roll	
Vegetarian	Nachos with Impossible Chili Con Carne	Black Bean Burger, Cooked Carrots, Cucumber Salad		Macaroni and Cheese, Carolina Conch Peas, Baked Cheese Grits, Green Salad, Benne Cookies		Pasta with Tomatoes and Basil, Caesar Salad, String Cheese		BBQ Tofu, New Potatoes, Red Cabbage Salad, Wheat Roll	
2/20/2023		2/21/2023		2/22/2023		2/23/2023		2/24/2023	
MID-WINTER BREAK		MID-WINTER BREAK		MID-WINTER BREAK		MID-WINTER BREAK		MID-WINTER BREAK	
Omnivore (if different from below)									
Vegetarian									
2/27/2023		2/28/2023		3/1/2023		3/2/2023		3/3/2023	
MEATLESS MONDAY									
Omnivore (if different from below)									
Vegetarian	Baked Potato, Broccoli, Wheat Roll, Yogurt	Grilled Cheese, Tomato Soup, Baby Carrots, Ranch Dressing							

Menus may be subject to changes without notice.

This institution is an equal opportunity provider.