

ANCS Breakfast

October

2016

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>4</p> <p>Yogurt and ANCS Granola Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>5</p> <p>Turkey Sausage Patty, Scrambled Egg, & Buttermilk Biscuit Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice</p>	<p>6</p> <p>French Toast Sticks with Maple Syrup Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>7</p> <p>Professional Learning Day No School</p>
<p>Fall Break 10</p>	<p>Fall Break 11</p>	<p>12</p> <p>Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>13</p> <p>French Toast Sticks with Maple Syrup Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>14</p> <p>Scrambled Eggs, Spiced Sweet Potato Muffin & Apple Butter Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>
<p>17</p> <p>Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>18</p> <p>Yogurt and ANCS Granola Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>19</p> <p>Turkey Sausage Patty, Scrambled Egg, & Buttermilk Biscuit Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>20</p> <p>French Toast Sticks with Maple Syrup Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>21</p> <p>Scrambled Eggs, Spiced Sweet Potato Muffin & Apple Butter Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>
<p>24</p> <p>Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>25</p> <p>Yogurt and ANCS Granola Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>26</p> <p>Turkey Sausage Patty, Scrambled Egg, & Buttermilk Biscuit Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>27</p> <p>French Toast Sticks with Maple Syrup Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>	<p>28</p> <p>Scrambled Eggs, Spiced Sweet Potato Muffin & Apple Butter Or Assorted Cereal</p> <p>Fresh Fruit Apple Juice or Orange Juice Milk</p>
<p>31</p> <p>Assorted Cereal Fresh Fruit Apple Juice or Orange Juice Milk</p>		<p>Breakfast ends 10 minutes before the start of school. Please ensure your student is on campus in time if you intend for them to eat at ANCS.</p>	<p>Milk Student meals at ANCS fit the USDA national school breakfast program meal pattern.</p> <p>"ANCS is an equal opportunity provider and employer"</p>	<p>All milk is 1% (unflavored) or nonfat (flavored). All meals are served with milk unless excepted by doctor's note.</p> <p>Milk is rBGH/rBST-free.</p> <p>Lactaid is available on request at the Elementary Campus</p>