

**2013-2014 – ANCS-Elementary-Term I Fall Enrichment Programs
September 9th-November 1st**

Week Day	Course Name	Instructor	Description	#Weeks	Time	Fee	Grades	Material	Enrollment
Monday	PE Club	Coach Hall Ms. Paez	This class is an extension of PE Class. Activities will be a variety of enjoyable, all-inclusive physical activities designed to build self-confidence, promote cooperation, fair play and responsible participation while encouraging lifetime fitness pursuits.	8 weeks	3:10-4:10 PM	\$80.00	K-5	None	40 students
Monday	Cooking Class	Ms. Olken Ms. Lee	Students will learn measurement, kitchen safety and how to cook non-bake recipes. Each child will make their own apron and recipe book that they will take home at the end of our class.	8 weeks	3:10-4:10 PM	\$80.00	K-5	\$15.00	20 students
Monday	Baton Twirling	Ms. Calhoun	This is a beginning level class that will teach students the basics of baton twirling and body work. Some tricks learned will be horizontals, arm & elbow rolls, thumb rolls, tosses & passes.	8 weeks	3:10-4:10 PM	\$80.00	4-5	\$15.00	20 students
Tuesday	Step by Step Art Class	Ms. Traina	Students will be working with acrylic paints, markers and colored pencils. They will leave with a finished product after every class.	8 weeks	3:10-4:10 PM	\$80.00	3-5	\$25.00	10 students
Tuesday	American Sign Language	Ms. Traina	Introduction to Sign Language; alphabet, introductions, common places, animals, sports, activities, and ASL culture.	8 weeks	3:10-4:10 PM	\$80.00	3-5	None	15 students
Tuesday	Voice Class	Ms. Williams	Students will learn the art of singing through practice and performance. We will focus on vocal training elements such as correct posture, breathing techniques, diction and ear training. Students will practice and perform a solo piece for each other. Students will also have the opportunity to perform for Morning Meeting.	8 weeks	3:10-4:10 PM	\$80.00	K-5	None	15 students
Wednesday	Seams So Simple	Shannon Johnson	Students will develop the skill of sewing. They will be introduced to creative projects utilizing tools used in sewing and other textile crafts.	8 weeks	3:10-4:10 PM	\$80.00	3-5	\$40.00	10 students
Wednesday	Yoga	Lynn Brandli	Students will stretch and strengthen their bodies and mind and learn to calm themselves with their breath. Yoga poses, yoga games, and snack. We end each class with a story relating to the theme of the day.	8 weeks	3:10-4:10 PM	\$80.00	K-5	None	10 students

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Wednesday	Playball	Kathryn Parker	Students learn basic “skills” of sports; tennis, golf, street hockey, baseball, basketball & soccer. A non-competitive program with positive reinforcement in a fun atmosphere. Please wear tennis shoes on Playball Wednesdays. Each student will receive a Playball t-shirt.	8 weeks	3:10-4:10 PM	\$80.00	K-2	None	10 students
Thursday	Seams So Simple	Shannon Johnson	Students will develop the skill of sewing. They will be introduced to creative projects utilizing tools used in sewing and other textile crafts.	8 weeks	3:10-4:10 PM	\$80.00	K-2	\$40.00	10 students
Thursday	Cross Country	Ms. Webb	Students will go on runs on campus, through Grant Park & at a local track. We will train for a 5K while learning running basics.	8 weeks	3:10-4:10 PM	\$80.00	2-3	None	15 students
Thursday	Cross Country	Ms. Daniel	Students will go on runs on campus, through Grant Park & at a local track. We will train for a 5K while learning running basics.	8 weeks	3:10-4:10 PM	\$80.00	4-5	None	15 students
Thursday	Hey, Whatcha Craftin’?	Ms. Swern	This program includes crafting with using many materials from our school- yard. Using our school grounds to observe and notice while using imaginative minds to create a different themed craft each week that will incorporate our observations. We will have snack, explore our space and create.	8 weeks	3:10-4:10 PM	\$80.00	K-2	None	12 students
Thursday	Beginning Piano	Ms. Williams	This class will focus on basic keyboard skills and recognition of white key names in relation to black keys. Focus will be on rhythms and prepare students for reading with entertaining songs. Students will be introduced to lines and space notes in treble and bass clefs.	8 weeks	3:10-4:10 PM	\$80.00	K-5	\$10.00	10 students

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Friday	Introduction to Ethnic Percussion	Mr. Moors	Students will be introduced to music & instruments from Africa, Caribbean & South America. They will learn to play Highlife, Samba, Bossa Nova, Salsa, Reggae, Sosa, Quelbe & Calypso rhythms as well as learning how instruments were created from the indigenous environment.	8 weeks	3:10-4:10 PM	\$80.00	3-5	None	20 students
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