

Atlanta Neighborhood Charter School

February 2021 Menus

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		2/1/2021	2/2/2021	2/3/2021	2/4/2021	2/5/2021
In-Person Lunch Menu Cohort 1	Omnivore	Meatless Monday: Green Salad w/ Sweet Potatoes, Queso Fresco, Black Beans, Avocado	Pasta with Bolognese Meat Sauce (Turkey), Caesar Salad	Sack Lunch - Turkey Sandwich - sent home on Tues	Breakfast for Lunch: Buttermilk Biscuit, Hard Boiled Egg, Potato Hash, OJ	Edamame, Brown Rice, Cabbage Salad w/ Sesame Dressing
	Vegetarian (if different from above)		Pasta with Impossible Bolognese Sauce, Caesar Salad	Sack Lunch - Hummus & Veggies - sent home on Tues		
At-Home Lunch Menu both cohorts	Omnivore	BBQ Chicken Leg; Turkey Sandwich; Green Salad with Mozzarella, Carrots, Garbanzos & Croutons; Coleslaw; Potatoes with Rosemary & Garlic; Pinto Beans; Carrots; Brown Rice; Whole Wheat Rolls; Hard Boiled Egg; Low Fat Flavored Yogurt; Fresh Fruit; Milk				
	Vegetarian	BBQ Tofu; Edamame; Hummus, Crackers, Carrots; Green Salad with Mozzarella, Carrots, Garbanzos & Croutons; Coleslaw; Potatoes with Rosemary & Garlic; Pinto Beans; Carrots; Brown Rice; Whole Wheat Rolls; Hard Boiled Egg; Low Fat Flavored Yogurt; Fresh Fruit; Milk				
Breakfast Menu (all students - takeaway to be eaten at home)		Rice Krispies; Total Raisin Bran; ANCS Granola; Hard Boiled Egg; Low Fat Flavored Yogurt; Nutrigrain Bar; Fresh Fruit; Banana; Apple Juice; Milk				
		2/8/2021	2/9/2021	2/10/2021	2/11/2021	2/12/2021
In-Person Lunch Menu Cohort 2	Omnivore	Meatless Monday: Green Salad w/ Sweet Potatoes, Queso Fresco, Black Beans, Avocado	Pasta with Bolognese Meat Sauce (Turkey), Caesar Salad	Sack Lunch - Turkey Sandwich - sent home on Tues	Breakfast for Lunch: Buttermilk Biscuit, Hard Boiled Egg, Potato Hash, OJ	Edamame, Brown Rice, Cabbage Salad w/ Sesame Dressing
	Vegetarian (if different from above)		Pasta with Impossible Bolognese Sauce, Caesar Salad	Sack Lunch - Hummus & Veggies - sent home on Tues		
At-Home Lunch Menu both cohorts	Omnivore	Veggie Chili; Turkey Sandwich; Green Salad with Mozzarella, Garbanzos & Croutons; Buttered Cabbage; Succotash; Black Beans; Sweet Potato; Brown Rice; Whole Wheat Rolls; Hard Boiled Egg; Low Fat Flavored Yogurt; Fresh Fruit; Milk				
	Vegetarian	Veggie Chili; Edamame; Hummus, Crackers, Carrots; Green Salad with Mozzarella, Garbanzos & Croutons; Buttered Cabbage; Succotash; Black Beans; Sweet Potato; Brown Rice; Whole Wheat Rolls; Hard Boiled Egg; Low Fat Flavored Yogurt; Fresh Fruit; Milk				
Breakfast Menu (all students - takeaway to be eaten at home)		Rice Krispies; Total Raisin Bran; ANCS Granola; Hard Boiled Egg; Low Fat Flavored Yogurt; Nutrigrain Bar; Fresh Fruit; Banana; Apple Juice; Milk				
		2/15/2021	2/16/2021	2/17/2021	2/18/2021	2/19/2021
MID-WINTER BREAK						
		2/22/2021	2/23/2021	2/24/2021	2/25/2021	2/26/2021
In-Person Lunch Menu Cohort 1	Omnivore	Meatless Monday: Pasta Alfredo, Caesar Salad	Chicken Teriyaki, Stir-Fried Vegetables, Brown Rice	Sack Lunch - Turkey Sandwich - sent home on Tues	Black History Month menu in honor of Chef Edna Lewis: Sweet Potatoes glazed with Lemon, Hot Spiced Beets, Smothered Cabbage, Skillet Scallions, Spoon Bread, Applesauce with Nutmeg	Breakfast for Lunch: Sweet Potato Muffin, Hard Boiled Egg, Potato Hash, OJ
	Vegetarian (if different from above)		Tofu Teriyaki, Stir-Fried Vegetables, Brown Rice	Sack Lunch - Hummus & Veggies - sent home on Tues		
At-Home Lunch Menu both cohorts	Omnivore	Pasta with Bolognese Meat Sauce (Turkey); Turkey Sandwich; Beans & Greens Soup; Green Peas; Coleslaw; Corn; Carrots; Whole Wheat Rolls; Hard Boiled Egg; Low Fat Flavored Yogurt; Fresh Fruit; Milk				
	Vegetarian	Pasta Impossible Bolognese; Edamame; Hummus, Crackers, Carrots; Beans & Greens Soup; Green Peas; Coleslaw; Corn; Carrots; Whole Wheat Rolls; Hard Boiled Egg; Low Fat Flavored Yogurt; Fresh Fruit; Milk				
Breakfast Menu (all students - takeaway to be eaten at home)		Rice Krispies; Total Raisin Bran; ANCS Granola; Hard Boiled Egg; Low Fat Flavored Yogurt; Nutrigrain Bar; Fresh Fruit; Banana; Apple Juice; Milk				

Please note that all in-person lunches are also served with fresh fruit and milk.

Menus are subject to change without notice.

This institution is an equal opportunity provider.