

# Atlanta Neighborhood Charter School

# September 2021 Lunch Menus

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
8/30/2021		8/31/2021		9/1/2021		9/2/2021		9/3/2021	
MEATLESS MONDAY									
Omnivore (if different from below)		Pasta with Bolognese Meat Sauce (Turkey), Caesar Salad	BBQ Chicken, Summer Vegetable Salad, Buttered Cabbage, Cornbread	Chef's Salad with Roasted Chicken and Summer Vegetables, Wheat Roll					
Vegetarian	Southern-Style Vegetable Plate: Collard Greens, Tomato-Cucumber Salad, Cornbread, Mac and Cheese	Pasta with Impossible Bolognese Sauce, Caesar Salad	BBQ Tofu, Summer Vegetable Salad, Buttered Cabbage, Cornbread	Chef's Salad with Roasted Tofu and Summer Vegetables, Wheat Roll		Caprese Salad (Fresh Mozzarella Cheese, Tomatoes, Basil), ANCS Focaccia Bread, Salad Greens			
9/6/2021		9/7/2021		9/8/2021		9/9/2021		9/10/2021	
LABOR DAY									
Omnivore (if different from below)			Sloppy Joes, Baby Carrots & Cucumbers with Ranch Dressing	Roasted Chicken, Cilantro-Lime Rice, Pinto Beans, Salad Greens & Radish					
Vegetarian		Penne Pasta with Basil-Pumpkin Seed Pesto & Tomatoes, Caesar Salad, String Cheese	Impossible Joes, Baby Carrots & Cucumbers with Ranch Dressing	Cheese Quesadilla, Cilantro-Lime Rice, Pinto Beans, Salad Greens & Radish		Baked Potato, Yogurt, Broccoli, Wheat Roll			
9/13/2021		9/14/2021		9/15/2021		9/16/2021		9/17/2021	
MEATLESS MONDAY									
Omnivore (if different from below)		Chicken Teriyaki, Stir-Fried Vegetables, Brown Rice	Turkey Cuban Sandwich, New Potatoes, Carrots & Ranch Dressing	Lasagna Bolognese (Turkey), Caesar Salad					
Vegetarian	Taco Salad: Iceberg Lettuce, Tomato, Cheese, Beans, Corn, Impossible Taco Meat, Tortilla Crisps, Lime-Chili Ranch	Tofu Teriyaki, Stir-Fried Vegetables, Brown Rice	Black Bean-Chipotle Burger, New Potatoes, Carrots & Ranch Dressing	Vegetable Lasagna, Caesar Salad		Baked Sweet Potato with Brown Sugar-Cinnamon Butter, Garbanzo Beans, String Cheese, Wheat Roll			
9/20/2021		9/21/2021		9/22/2021		9/23/2021		9/24/2021	
MEATLESS MONDAY						ANCS CELEBRATES HISPANIC HERITAGE MONTH: Puerto Rico		BREAKFAST FOR LUNCH	
Omnivore (if different from below)			Turkey and Swiss on Wheat, Baby Carrots with Ranch Dressing	Arroz con Pollo (Chicken & Rice), Platanos Maduros (Sweet Plantains), Tomato-Cucumber-Avocado Salad					
Vegetarian	Cheese Plate: Aged Cheddar, Grapes, Sweet Peppers, Cucumber, Crackers	Pasta with Tomato, Basil and Parmesan, Caesar Salad, Yogurt	Hummus with Cucumber & Crackers, Baby Carrots with Ranch Dressing	Arroz con Gandules (Rice with Pigeon Peas), Platanos Maduros (Sweet Plantains), Tomato-Cucumber-Avocado		Blueberry Muffin, Hard Boiled Egg, Potato Hash, OJ			
9/27/2021		9/28/2021		9/29/2021		9/30/2021		10/1/2021	
MEATLESS MONDAY						ANCS CELEBRATES HISPANIC HERITAGE MONTH: Argentina & Uruguay			
Omnivore (if different from below)			Roasted Chicken with Chimichurri Sauce, Ñoquis (Potato Dumplings), Roasted Zucchini, Wheat Roll	Pulled Pork Sandwich, New Potatoes, Carrots & Ranch Dressing					
Vegetarian	Japanese Rice Bowl: Brown Rice, Edamame (Steamed Soybeans), Gingered Carrot Salad, Cucumber	Green Salad with Roasted Sweet Potatoes, Queso Fresco, Black Beans, Avocado & Lime, Yogurt, Wheat Roll	Roasted Tofu with Chimichurri Sauce, Ñoquis (Potato Dumplings), Roasted Zucchini, Wheat Roll	Black Bean Burger, New Potatoes, Carrots & Ranch Dressing		Penne Pasta with Alfredo Sauce, Caesar Salad			

This institution is an equal opportunity provider.