

# Atlanta Neighborhood Charter School

# October 2021 Lunch Menus

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

10/4/2021

10/5/2021

10/6/2021

10/7/2021

10/8/2021

FALL BREAK

FALL BREAK

FALL BREAK

FALL BREAK

FALL BREAK

10/11/2021

10/12/2021

10/13/2021

10/14/2021

10/15/2021

MEATLESS MONDAY

ANCS CELEBRATES HISPANIC HERITAGE MONTH: Mexico

Omnivore (if different from below)

Sloppy Joes, New Potatoes, Cucumber Salad

Chicken Teriyaki, Stir-Fried Vegetables, Brown Rice

Pork Carnitas Plate with Black Beans, Tostada, Salad, and Mrs Paez's Pico de Gallo

Vegetarian

Penne Pasta with Basil-Pumpkin Seed Pesto and Tomatoes, Caesar Salad, String Cheese

Impossible Joes, New Potatoes, Cucumber Salad

Baked Sweet Potato with Brown Sugar-Cinnamon Butter, Garbanzo Beans, String Cheese, Wheat Roll

Tofu Teriyaki, Stir-Fried Vegetables, Brown Rice

Calabacitas Plate with Roasted Squash, Tostada, Black Beans, Salad, and Mrs Paez's Pico de Gallo

10/18/2021

10/19/2021

10/20/2021

10/21/2021

10/22/2021

MEATLESS MONDAY

Omnivore (if different from below)

Turkey Cuban Sandwich, New Potatoes, Carrots and Ranch Dressing

Pasta with Turkey Bolognese Meat Sauce, Caesar Salad

BBQ Chicken, Buttered Cabbage, Pinto Beans, Cornbread

Vegetarian

Taco Salad with Iceberg Lettuce, Tomato, Cheese, Beans, Corn, Impossible Taco Meat, Tortilla Crisps, Lime-Chili Ranch

Black Bean-Chipotle Burger, New Potatoes, Carrots and Ranch Dressing

Pasta with Impossible Bolognese Sauce, Caesar Salad

BBQ Tofu, Buttered Cabbage, Pinto Beans, Cornbread

Southern-Style Vegetable Plate: Collard Greens, Okra and Tomatoes, Roasted Squash, Mac and Cheese

10/25/2021

10/26/2021

10/27/2021

10/28/2021

10/29/2021

MEATLESS MONDAY

Omnivore (if different from below)

Lasagna Bolognese, Caesar Salad

Pulled Pork Sandwich, Cole Slaw, Carrots & Ranch Dressing

Pasta with Turkey Sausage, White Beans, Greens & Parmesan, Caesar Salad

Vegetarian

Baked Potato, Yogurt, Broccoli, Wheat Roll

Green Salad with Roasted Sweet Potatoes, Queso Fresco, Black Beans, Avocado & Lime, Yogurt, Wheat Roll

Vegetable Lasagna, Caesar Salad

Black Bean Burger, Cole Slaw, Carrots & Ranch Dressing

Pasta with Impossible Sausage, White Beans, Greens & Parmesan, Caesar Salad