

# Atlanta Neighborhood Charter School

# January 2022 Lunch Menus

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1/3/2022		1/4/2022		1/5/2022		1/6/2022		1/7/2022	
FACULTY/STAFF WORK DAY									
Omnivore (if different from below)						Chicken Teriyaki, Stir-Fried Vegetables, Brown Rice			
Vegetarian		Baked Potato, Yogurt, Broccoli, Wheat Roll		Pasta with Tomato Sauce and Parmesan, Caesar Salad, String Cheese		Tofu Teriyaki, Stir-Fried Vegetables, Brown Rice		Seasonal Vegetable Plate - ANCS Greens, Roasted Carrots, Pinto Beans, Mac and Cheese	
1/10/2022		1/11/2022		1/12/2022		1/13/2022		1/14/2022	
MEATLESS MONDAY									
Omnivore (if different from below)		Pulled Pork Sandwich, Cole Slaw, Carrots & Ranch Dressing		Pasta with Turkey Bolognese Meat Sauce, Caesar Salad				Roast Chicken, Broccoli-Rice Casserole, Garbanzo Beans	
Vegetarian	Impossible Taco Salad with Lettuce, Radish, Cheese, Beans, Corn, Tortilla Crisps, Lime-Chili Ranch	Black Bean Burger, Cole Slaw, Carrots & Ranch Dressing		Pasta with Impossible Bolognese Sauce, Caesar Salad		Green Salad with Winter Vegetables, GA Apples and Ginger Dressing, Brown Rice, Edamame		Chicken-Fried Tofu, Broccoli-Rice Casserole, Garbanzo Beans	
1/17/2022		1/18/2022		1/19/2022		1/20/2022		1/21/2022	
Dr. Martin Luther King, Jr. Day					BY RANDOM REQUEST				
Omnivore (if different from below)								BBQ Chicken, Garden Greens, New Potatoes, Cornbread	
Vegetarian		Grilled Cheese Sandwich, Carrots and Ranch Dressing, Pinto Beans		Cincinnati Chili - Spiced Impossible Chili Sauce on Spaghetti with Cheddar, Green Salad with Balsamic Vinaigrette		Green Salad with Roasted Sweet Potatoes, Queso Fresco, Black Beans, Avocado & Lime, Yogurt, Wheat Roll		BBQ Tofu, Garden Greens, New Potatoes, Cornbread	
1/24/2022		1/25/2022		1/26/2022		1/27/2022		1/28/2022	
Omnivore (if different from below)		Sloppy Joes, New Potatoes, Cucumber Salad						Turkey Cuban Sandwich, Black Beans, Carrots and Ranch Dressing	
Vegetarian	Baked Sweet Potato with Brown Sugar-Cinnamon Butter, Cucumber Salad, Yogurt, Wheat Roll	Impossible Joes, New Potatoes, Cucumber Salad			Pasta with Roasted Winter Squash, Parmesan and Sage, Caesar Salad, String Cheese		Green Salad with Fennel, Radishes and Winter Vegetables, ANCS Focaccia Bread, Hard-Boiled Egg	Black Bean-Chipotle Burger, Black Beans, Carrots and Ranch Dressing	
1/31/2022		2/1/2022		2/2/2022		2/3/2022		2/4/2022	
Menu will be included with February 2022									