

Atlanta Neighborhood Charter School

May 2023 Lunch Menus

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5/1/2023

5/2/2023

5/3/2023

5/4/2023

5/5/2023

MEATLESS MONDAY

ANCS CELEBRATES ASIAN AMERICAN & PACIFIC ISLANDER HERITAGE MONTH

Omnivore (if different from below)		Turkey Cuban Sandwich, Cooked Carrots, Cucumber Salad		Sloppy Joe, Corn, Black Beans	Phở gà - Vietnamese Chicken Noodle Soup with Fresh Herbs
Vegetarian	Veggie Chili, Sweet Potato Circles, Coleslaw, Cornbread	Black Bean Burger, Cooked Carrots, Cucumber Salad	Garden Salad with Spring Vegetables, Cheese Toast, Roasted Potatoes	Impossible Joe, Corn, Black Beans	Phở nấm chay - Vietnamese Vegetarian Mushroom Soup

5/8/2023

5/9/2023

5/10/2023

5/11/2023

5/12/2023

MEATLESS MONDAY

ANCS CELEBRATES ASIAN AMERICAN & PACIFIC ISLANDER HERITAGE MONTH

Omnivore (if different from below)		Pasta Bolognese, Caesar Salad		Chicken Teriyaki, Stir-Fried Vegetables, Brown Rice	
Vegetarian	Baked Potato, Broccoli, Wheat Roll, Yogurt	Pasta Impossible Bolognese, Caesar Salad	Nachos with Impossible Chili Con Carne	Tofu Teriyaki, Stir-Fried Vegetables, Brown Rice	Saag Paneer - Indian Creamed Spinach and Garden Greens with Fresh Cheese, Dal - Split Yellow Peas, Basmati Rice

5/15/2023

5/16/2023

5/17/2023

5/18/2023

5/19/2023

ANCS CELEBRATES ASIAN AMERICAN & PACIFIC ISLANDER HERITAGE MONTH

BREAKFAST FOR LUNCH

Omnivore (if different from below)		Pulled Pork Sandwich, Coleslaw, Baby Carrots, Ranch Dressing			
Vegetarian	Japchae - Korean Glass Noodles with Vegetables	Black Bean Burger, Coleslaw, Baby Carrots, Ranch Dressing	Taco Salad with Impossible Chili Con Carne	French Toast Sticks, Roasted Potatoes, Green Salad, Hard Boiled Egg, Orange Juice	Pasta with Basil-Pumpkin Seed Pesto and Spring Vegetables, Caesar Salad, String Cheese

5/22/2023

5/23/2023

5/24/2023

5/25/2023

5/26/2023

Elementary Campus
Field Day - Sack Lunches

Middle Campus

LAST DAY OF SCHOOL - EARLY DISMISSAL:
SACK LUNCH

Omnivore (if different from below)	Turkey Sandwich, Baby Carrots, Ranch Dressing, Fresh Fruit	Meatball Hoagie, Garden Greens, Garbanzo Bean Salad			BBQ Chicken, New Potatoes, Cooked Carrots, Wheat Roll	Turkey Sandwich, Baby Carrots, Ranch Dressing, Fresh Fruit
Vegetarian	Hummus with Crudité and Crackers, Baby Carrots, Ranch Dressing, Fresh Fruit	Eggplant Parm Hoagie, Garden Greens, Garbanzo Bean Salad	Baked Sweet Potato, Brown Sugar Cinnamon Butter, Cucumber Salad, Wheat Roll, String Cheese	Grilled Cheese, Tomato Soup, Caesar Salad	BBQ Tofu, New Potatoes, Cooked Carrots, Wheat Roll	Hummus with Crudité and Crackers, Baby Carrots, Ranch Dressing, Fresh Fruit